

**Resources and Groups
at First Church**

*To promote good health and enrich
your spiritual journey, we recommend--*

Healing Services

We offer these Worship Services for those who seek healing in mind, body and soul, as well as wholeness in our families, congregations, communities, and world. We seek God's Shalom, justice, healing, peace, and compassion through prayer and song. Participants may choose to experience the laying on of hands and anointing with oil. Services are held five times a year, on the third Tuesday evening (7:00 p.m.) in October, January, March and May. Led in partnership with The Congregational Church in S. Glastonbury, the *Quiet Christmas* Healing Service alternates dates and locations each year in December.

Healing through Reiki

Reiki practitioners within our congregation volunteer their services to those in need of healing and stress reduction, especially before and after surgery.

Church Library (Rm. #202)

Here, you may borrow resources on Grieving, Death and Dying, Aging, Caregiving, Health, Healing, and Prayer, as well as *Preparing for Surgery* books and cassette tapes.

**The Quiet Room (Rm #201)
also Pastoral Counseling Room**

Visit the Quiet Room for a time of prayer, reflection, meditation or silent reading. A variety of resources on health and healing are available for your use.



Prayer Shawl Ministry

Our church creates and gives away knitted prayer shawls to those who are ill, grieving, going through transitions, or celebrating the birth of a baby. Please join us on the third Monday of every month, at 7:00 PM.

The Spirituality Prayer Circle

meets on Saturday mornings, at 10:00 AM, for a time of prayer, music, meditation, and fellowship. If you would like to add names to our prayer list, please call the Church Office. Contact Person: Charlene Dann

The Prayer and Share Group

meets on Thursday mornings, at 9:30 AM, for a time of prayer, sharing, and short study. Contact Persons: Dianne Schwegler and Nancy Higgins

**FAITH
COMMUNITY
NURSING
(FCN)**

**A
PARTNERSHIP
OF HEALTH
AND FAITH**



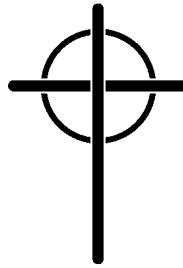
**First Church of Christ Congregational,
2183 Main St., Glastonbury CT
860-633-4641
www.glastonburyfirst.org**

What is Faith Community Nursing?

Faith Community Nursing is a care program of layleaders, including licensed nurses, who serve to promote well-being in mind, body and spirit.



Our Mission is the intentional integration of the practice of health with the practice of faith, so that people may achieve wholeness in, with, and through the community of faith in which Faith Community Nurses serve.



What Do We Do?

We offer:

- **Educational Programs as well as Individual Counseling on Health Care Issues** that affect your health, the community, your home, and the health of loved ones.
- Blood Pressure Screenings and Information on medications.

We serve as:

- **Integrators of Faith and Health** by providing spiritual care, assessing and nurturing the human spirit, which is part of the wholistic care that we offer. Our *Healing Services* are one example of this integration.
- **Coordinator of Volunteers** recruiting, training, supervising and partnering with volunteers working in and with this ministry.

Who Are The Faith Community Nurses?

They come from diverse backgrounds. Your FCN may come from the surgical or neonatal area of a hospital, or be working in the community as a health care provider.

Faith Community Nursing Coordinator:
Margie Kreidler, MS RN

If you are interested in joining FCN or wish to speak with us about a health issue, please contact the First Church Office by phone or by e-mail.



All information shared with us will be kept confidential unless you present issues that indicate you are a danger to yourself or others.